



## HEALTHY SCHOOL REPORT CARD TOOL FACT SHEET (August 2008)

Healthy schools are high achieving schools.

- ✓ The *New Mexico School District Wellness Policy Rule* (6.12.6 NMAC) and the *Nutrition: Competitive Food Sales Rule* (6.12.5 NMAC) are part of the Governor's *Whole Child Approach – Making Schools Work Initiative*.
- ✓ These rules support schools in creating learning environments that support student achievement by looking at the social and health issue of their students. Social and health factors that are not addressed will negatively impact a child's ability to learn.
- ✓ The Healthy School Report Card (HSRC) is a tool to assist New Mexico school districts implement and evaluate the Wellness Policy and Nutrition Rules.

Public Education Department (PED) will purchase, provide professional development and distribute the HSRC.

- ✓ Over the next three years, HSRC will be distributed to every New Mexico public school.
- ✓ Regional professional development workshops and technical assistance will be provided to effectively utilize this tool.
- ✓ Currently, schools are required to complete the HSRC process for three sections representing: nutrition; physical education and physical activity; and family, school and community partnerships.
- ✓ There are 11 sections in this tool. Schools are encouraged to complete the other sections of the tool to ensure they have achieved a healthy school status.

Benefits of the HSRC include:

- ✓ HSRC was developed by a national professional educational organization, the Association for Supervision and Curriculum Development (ASCD).
- ✓ **The HSRC provides schools and school districts** with a single tool to meet the requirement within the Wellness Policy to evaluate local wellness policies.
- ✓ **The HSRC provides schools, school districts, school boards and charter governing bodies** with school health recommendations based-on sound, local data.
- ✓ **The HSRC provides school districts and School Health Advisory Councils** with a simple tool to assist them in developing data-based recommendations that can be prioritized to support program changes / improvements.
- ✓ **The HSRC provides PED** with the ability to document the status of school health programs in all NM public schools. PED will be able to utilize aggregate data from the HSRC for a state report to be shared with key stakeholders including the legislature.

The HSRC Process is easy and effective.

- ✓ Schools work through their School Health Advisory Councils to review local school information to identify the status of specific indicators.
- ✓ The status of the indicators is recorded and entered on-line with ASCD. A report is generated by the ASCD HSRC software that identifies where improvements are needed, rates improvements by the type of impact they will make and rates improvements on ease of implementation and level of resources needed to successfully implement.
- ✓ The intent of the report is to suggest improvement at the local school and guide the school district in improving their programs.
- ✓ The school data analysis will be available only to the site coordinator and the PED.
- ✓ There will be no comparison between or within school districts or schools.
- ✓ The intention should be to incorporate the strategies /activities into your EPSS as it will assist the schools to become high achieving schools.

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Healthy Kids Make Better Students. Better Students Make Healthier Communities

